



Living with Loss

A Bereavement Information Evening

When: Thursday, 9th October 7.00-9.00pm

Where: The Ardilaun Hotel, Galway, H91 H29F

This is a free public event hosted by *Galway Grief Sherpa Network*

For more information on the network, please use the QR code



Who will find this event helpful?

Those who have experienced the loss of a loved one.

Professionals and community members who may play a role in supporting anyone who has been bereaved.

Do I need to book a place?

Everyone is welcome; booking is not required

For any queries or to submit a question for the Q&A panel

Please email: galwaygriefsherpanetwork@gmail.com

What will happen at the event?

Tea/coffee on arrival - opportunity to view GGSN stands

Opening address and information

Guest speakers: Dr. Suzanne McClean & Ms. Kathie Stritch

Q&A panel discussion - all with lived experience of bereavement



Kathie Stritch

Founder of Grief Ireland and Family Flowers Only podcast. Creating compassionate spaces for healing, connection and hope after loss.



Dr. Suzanne McClean

Counselling Psychologist and founder of Rosabel's Rooms. Supporting families through loss with compassion, guidance and hope.

The Galway Grief Sherpa Network is part of the Irish Hospice Foundation's National Bereavement Network programme



This event is kindly supported by:

