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**Health News**

**Young at heart:** coping with sudden cardiac deaths



**Cardiac Risk in the Young (Cry) has relaunched its website, [www.cry.ie](http://www.cry.ie), to raise awareness about cardiac health and to offer support to families who have lost loved ones. More than 5,000 people, including up to 80 under 35 years old, die from sudden cardiac death every year. Photographed above are Deirdre Hanley, human resources director with Bearing Point Ireland, designers of the website, and Cry chief executive, Michael Greene.**  
Photograph: Marc O'Sullivan